

LESS SCHOOL

MORE

LIFE



NORTH DAKOTA
Dental Foundation

**YOU WANT A
REAL CAREER—
NOT A
FOUR-YEAR
LECTURE HALL**

Dental Assisting and Dental Hygiene are hands-on, high-impact careers that get you to the good stuff faster—without years of school or overwhelming cost.

- 🦷 High demand across North Dakota
- 🦷 Start earning in less than a year (seriously)
- 🦷 Weekends off, real benefits, real balance
- 🦷 No on-call, no nights, and real lunch breaks
- 🦷 Strong sense of team—more like family than co-workers
- 🦷 Clean, professional workspaces
- 🦷 Work you can be proud of with flexibility and freedom

CUT THE CLASSROOM
CLUTTER—GET STARTED
FASTER
WITH
THE
WORLD
OF
LECTURE
FREE
JOBS
HERE
MORE
INFO

LET'S BE REAL— YOU DON'T WANT TO WASTE TIME

You want purpose, a paycheck, and a plan. This isn't a maybe-job. It's a real career—with rewards that show up right away.

YOU MIGHT CRUSH IT IN DENTAL CARE IF:

- 🦷 You're a people person
- 🦷 You like fast-paced, focused work
- 🦷 You want real work-life balance (hello, three-day weekends!)
- 🦷 You like things clean, organized, and efficient
- 🦷 You're ready to do something that matters
- 🦷 You're looking for flexibility without sacrificing pay or purpose

DOUBT
LESS
DOUBT
MORE
DIRECTION

FOR THOSE READY TO
DO SOMETHING THAT
MATTERS

LESS
WORK



MORE
REWARD

A CAREER WHERE EVERY DAY—
AND EVERY PATIENT—MATTERS
AND YOU BUILD RELATIONSHIPS





TWO PATHS, ONE GREAT FUTURE

DENTAL ASSISTING

Train for just 10 months and jump into a high-energy job where no two days are the same.

- Take X-rays, keep things moving smoothly, and assist during procedures
- Keep patients calm and confident—sometimes just by chatting during treatment
- ~\$25-30/hr (That's ~\$53,000/year full-time) average starting pay
- 4-day work weeks are a real thing
- Around 10 month program length
- Flexibility and family-friendly hours make this career a great fit for caregivers

DENTAL HYGIENE

If you love independence, science, and health—this is your lane. Complete a 2-year program (+ prereqs) and build real patient relationships.

- Perform cleanings, assess oral health, and teach patients how to care for their teeth
- Administer local anesthetics
- ~\$35-40/hr (~\$73,000+/year full-time) starting pay
- Build trust, confidence, and long-term patient relationships
- Flexibility and family-friendly hours make this career a great fit for caregivers
- 2-year program length
- 4-day work weeks are a real thing



LESS DISTANCE

YOUR FUTURE MAY BE
CLOSER THAN YOU THINK

DAKOTA COLLEGE AT BOTTINEAU

MINOT, NORTH DAKOTA
DENTAL ASSISTING, DENTAL HYGIENE
DAKOTA.DENTAL@DAKOTACOLLEGE.EDU
(701) 371-5729 (800) 542-6866



BISMARCK STATE COLLEGE

BISMARCK, NORTH DAKOTA
DENTAL ASSISTING, DENTAL HYGIENE*
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(701) 224-2429



*BISMARCK STATE COLLEGE IS NOW IN THE APPLICATION PROCESS OF SEEKING INITIAL ACCREDITATION BY THE COMMISSION ON DENTAL ACCREDITATION (CODA) TO OFFER A DENTAL HYGIENE PROGRAM. THE PROGRAM IS NOT FULLY ESTABLISHED OR ACCEPTING STUDENTS AT THIS TIME. THE COMMISSION IS A SPECIALIZED ACCREDITING BODY RECOGNIZED BY THE UNITED STATES DEPARTMENT OF EDUCATION. THE COMMISSION ON DENTAL ACCREDITATION CAN BE CONTACTED AT (312) 440-4653 OR 211 EAST CHICAGO AVENUE, CHICAGO, IL 60611. THE COMMISSION'S WEB ADDRESS IS [HTTPS://WWW.ADA.ORG/EN/CODA](https://www.ada.org/en/coda).

MORE OPTIONS

REACH OUT AND
TAKE THE FIRST STEP
TOWARDS YOUR
DENTAL CAREER

MINNESOTA STATE COMMUNITY AND TECHNICAL COLLEGE

MOORHEAD, MINNESOTA
DENTAL ASSISTING, DENTAL HYGIENE
M.STATE.DENTAL@MSTATE.EDU
(877) 450-3322 (218) 299-6560



NORTH DAKOTA STATE COLLEGE OF SCIENCE

WAHPETON, NORTH DAKOTA
DENTAL ASSISTING, DENTAL HYGIENE
NDSCS.DENTAL@NDSCS.EDU
(701) 671-2333



**TRAIN CLOSE TO HOME—
WITHOUT COMPROMISING OPPORTUNITY.**





**YOU'RE NOT JUST
CLOCKING IN.
YOU'RE BUILDING
A LIFE.**

**HELP TO GET
YOU STARTED:**

- 🦷 Predictable schedules (goodbye nights and weekends)
- 🦷 Health & dental benefits
- 🦷 Paid holidays, vacation time, and maternity leave—because balance matters
- 🦷 Continuing education and license reimbursement
- 🦷 Free or discounted dental care
- 🦷 Scrub allowance (yes, they're cute now)
- 🦷 Retirement plans and a professional workplace built to support your long-term goals

- 🦷 Reach out to your school(s) of choice - see map on pages 8-9
- 🦷 Scholarships and tuition aid opportunities are available
- 🦷 It's more affordable than you think!

**A CAREER WHERE EVERY DAY—
AND EVERY PATIENT—MATTERS**

MORE LESS GRIND LIFE **REAL SCHEDULES.**
REAL BENEFITS. **REAL BALANCE.**

EXPLORE DENTAL CAREER PATHS THAT MAKE A DIFFERENCE— RIGHT HERE IN NORTH DAKOTA.

Visit nddental.org/resources to discover education options, career benefits, and local opportunities in dental assisting and dental hygiene.



LESS SOMEDAY MORE TODAY



NORTH DAKOTA
Dental Foundation